



VOLUNTEER BRIEFING PACK

How To Provide Positive Feedback To Players?

There will be many moments at Midnight Basketball Tournaments when the players demonstrate respect, care, help and manners towards others. It is important to recognise and acknowledge these moments, however small, as providing recognition contributes to positive self worth, self esteem, self respect and confidence in players. These all contribute to positive mental health in young people and enable them to feel valued and cared for by their local community, leading to a desire to be part of it.

Here are some situations you will come across that provide golden opportunities for praise:

- A player being polite to someone else. *"That was kind, thanks."*
- A player helping without being asked. *"That was helpful, thankyou."*
- A player helping with cleaning up. *"Thank you."*
- A player accepting an umpire's decision even if they are not happy. *"Good for you. Let me know if you didn't understand the decision."*
- Congratulating another player for winning or fair play. *"Well done."*
- Sharing the ball with everyone on court. *"Nice passing. Great team work."*
- Accepting court time decisions. *"That's very mature of you. Well done."*
- Players thanking catering staff for dinner. *"That was great to thank them. They have been preparing the food all day. They will appreciate that a lot."*
- Shaking hands with the opposition at the end of the game. *"Good sportsmanship."*
- Shaking hands to congratulate other players. *"Well done. That shows real maturity."*
- Giving a high-five to a player who is replacing a player on court. *"Good team spirit."*
- Being patient throughout the Tournament Night. *"That's very respectful of you."*
- Listening well in Mentoring sessions. *"Well done for being so attentive."*
- Thanking Mentoring session facilitators. *"That was good of you. A lot of work goes into preparing the sessions, so they will appreciate that."*
- Being friendly towards new players. *"That was really nice of you to be so welcoming."*
- Smiling and involving other players in the team. *"Good work with utilising the whole team."*